

Make Your Own Nappy Liners

Nappy liners are the part of a nappy system that sit closest to your babies skin. They can be made of cloth or paper-like fabrics. Cloth nappy liners are made from polar fleece, micro fleece or suede cloth.

Nappy Liners have 2 functions:

1. Nappy Liners keep your baby dry
2. Nappy Liners should make cleaning your nappies a whole lot easier.

NOTE:

Nappy liners do not absorb extra urine to increase the wearing time of a cloth nappy. They allow urine to 'pass through' so that your baby will remain dry. The piece of material that absorbs urine is called a booster and is made from different fabrics.

MAKING YOUR OWN NAPPY LINERS

Making your own cloth nappy liners is easy.

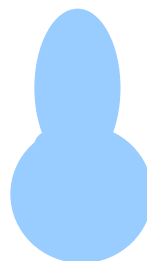
1. Purchase some material- either micro fleece, polar fleece or suede cloth.
(1m x 1.5m makes approximately 20 shaped large nappy liners.)
2. Decide on a shape. You can use a basic rectangle, an hourglass shape or a yard glass shape.
3. Place your nappy out flat in the right position (or fold) to be put on your baby. Place some of your fabric on top of your nappy.
4. Using a marker pen, draw the desired shape of your liner onto the fabric. Be sure to keep the size of the liner a little smaller than the size of the nappy so that it won't stick out the sides of the nappy when it is put on your baby.
5. Cut your liner out and if you are happy with the size and shape then use this liner as a template. No sewing is necessary as these fabrics do not fray.
6. Place your template liner on top of some remaining fabric and cut around the template to create a second liner and so on. Remember- the closer you keep your cut outs the more nappy liners you will get out of your fabric.



Rectangle



Hourglass



Yard Glass